



# WELFARE IN YOUR WALLET 2021-2022



All Covid queries or questions to [covid@bnc.ox.ac.uk](mailto:covid@bnc.ox.ac.uk)

If you or a member of your household needs to self-isolate follow the guidance on the Brasenose website under the Covid tab scroll to “isolation plan”

In an **emergency**, call the emergency services (police/fire/ambulance on 999) **and** the porters' lodge (01865 277 830). The **College GP** surgery, the Jericho Health Centre, can provide medical help and advice, including for mental health issues: 01865 311 234. **NHS 111** dial 111 for non-urgent medical advice. **Oxford University Sexual Harassment and Violence Support Service** (mon-fri 9am-5pm) [supportservice@admin.ox.ac.uk](mailto:supportservice@admin.ox.ac.uk) **Bletchley Sexual Assault Referral Centre** <https://www.solacesarc.org.uk/> 0300 130 3036. **Emergency Contraception** College Nurse / Churchill Hospital Sexual Health Clinic 01865 231 231 **Sexual Health Information** 0300 123 7123 **Pregnancy Advice** 03457 304 030 **Oxford SU Student Advice Service** 01865 288 452 / [advice@oxfordsu.ox.ac.uk](mailto:advice@oxfordsu.ox.ac.uk) **Late Night Pharmacy** Boots, Oxford Retail Park [01865717699](tel:01865717699) (-12am weekdays). **B-EAT** (eating disorders) 0808 801 0811 **Frank** (drugs advice) 0300 123 6600 **Oxford Alcoholics Anonymous** 0800 9177 650. If you want to access a **University harassment advisor** outside of college email [harassment.line@admin.ox.ac.uk](mailto:harassment.line@admin.ox.ac.uk) **advisors who identify as BAME or LGBT** see list: <https://edu.admin.ox.ac.uk/support#collapse1231811> **Oxford University Counselling Service** sees students having emotional and psychological problems: (Not an emergency service: contact the Lodge in a crisis.) <https://www.ox.ac.uk/students/welfare/counselling> and email: [counselling@admin.ox.ac.uk](mailto:counselling@admin.ox.ac.uk) The **Samaritans** = confidential emotional support, 24/7: 116 123 (free). **Oxford Nightline** is a confidential listening service, by students for students: 01865 270 270 (8pm-8am).