## WELFARE IN YOUR WALLET

The College Nurse, Lauren Doran has an office at the bottom of staircase 12 and holds weekday surgeries online and some bookable slots in person, for up to date times and booking details check the website: <a href="https://www.bnc.ox.ac.uk/current-students/welfare-support/health-information">https://www.bnc.ox.ac.uk/current-students/welfare-support/health-information</a> - college.nurse@bnc.ox.ac.uk or phone via lodge (01865 277830)

College Chaplain, Rev Julia Baldwin (to book an online session: chaplain@bnc.ox.ac.uk) offers support & confidential listening about any issue. Find her in Heb1 /01865 277833 or via the lodge. Student Support Adviser, Ellie Raikes (studentsupport@bnc.ox.ac.uk) offers confidential wellbeing & emotional support online mainly. To book a session: www.bnc.ox.ac.uk/support

Email the **Dean**, Prof Mark Wilson at dean@bnc.ox.ac.uk. The **Junior Deans** can be contacted at junior.dean@bnc.ox.ac.uk, or call the lodge. The **Diversity and Equality and Harassment**Officer is Dr Anne Edwards <a href="mailto:anne.edwards@bnc.ox.ac.uk">anne.edwards@bnc.ox.ac.uk</a>

For BAME students <a href="mailto:machilu.zimba@admin.ox.ac.uk">machilu.zimba@admin.ox.ac.uk</a> is available as an harassment advisor. The Senior Tutor, Dr Simon Smith, can be emailed at senior.tutor@bnc.ox.ac.uk. Graduates can contact the Tutor for Graduates, Prof Owen Lewis by email: owen.lewis@zoo.ox.ac.uk Information and contact details for Common Room Welfare Reps, Diversity and Equality and Women's Officer and Peer Supporters can be found at <a href="https://www.bnc.ox.ac.uk/current-students/welfare-support">https://www.bnc.ox.ac.uk/current-students/welfare-support</a>



## **WELFARE IN YOUR WALLET 2020-2021**



All Covid queries or questions to <a href="mailto:covid@bnc.ox.ac.uk">covid@bnc.ox.ac.uk</a>
If you or a member of your household needs to self-isolate follow the guidance on the Brasenose website under the Covid tab scroll to "isolation plan"

In an emergency, call the emergency services (police/fire/ambulance on 999) and the porters' lodge (01865 277 830). The College GP surgery, the Jericho Health Centre, can provide medical help and advice, including for mental health issues: 01865 311 234. NHS 111 dial 111 for nonurgent medical advice. Oxford University Sexual Harassment and Violence Support Service (monfri 9am-5pm) supportservice@admin.ox.ac.uk Bletchley Sexual Assault Referral Centre https://www.solacesarc.org.uk/ 0300 130 3036. Emergency Contraception College Nurse / Churchill Hospital Sexual Health Clinic 01865 231 231 Sexual Health Information 0300 123 7123 **Pregnancy Advice** 03457 304 030 **Oxford SU Student Advice Service** 01865 288 452 / advice@oxfordsu.ox.ac.uk Late Night Pharmacy Boots, Oxford Retail Park 01865717699 (-12am weekdays). B-EAT (eating disorders) 0808 801 0811 Frank (drugs advice) 0300 123 6600 Oxford Alcoholics Anonymous 0800 9177 650. If you want to access a University harassment advisor outside of college email <a href="mailto:harassment.line@admin.ox.ac.uk">harassment.line@admin.ox.ac.uk</a> advisors who identify as BME or LGBT see list: <a href="https://edu.admin.ox.ac.uk/support#collapse1231811">https://edu.admin.ox.ac.uk/support#collapse1231811</a> Oxford University Counselling **Service** sees students having emotional and psychological problems: (Not an emergency service: contact the Lodge in a crisis.) <a href="https://www.ox.ac.uk/students/welfare/counselling">https://www.ox.ac.uk/students/welfare/counselling</a> and email: counselling@admin.ox.ac.uk The **Samaritans** = confidential emotional support, 24/7: 116 123 (free). **Oxford Nightline** is a confidential listening service, by students for students: 01865 270 270 (8pm-8am).