

Medical Information for International Students

Nicole Coulon is the Brasenose College Nurse in Michaelmas 2021. The NHS is quite a complex health care system and the nurse is happy to offer support and advice on how to access health care in the UK. She is in College during weeks 0-9 in Term Time: Monday – 11am-2pm / Wednesday – 3pm-6pm and Friday 9am-12pm
The Nurse's clinic room is Staircase 12, under College Office.
Her Email is college.nurse@bnc.ox.ac.uk
Office phone is 01865 277883 (or leave a message at the Lodge). She is also available to help you manage health problems and illness, and will be able to refer you elsewhere when necessary. She can give advice on injuries and do dressings & remove stitches and care for wounds. She can also give you advice on contraception and the emergency pill, and is happy to give support and advice for emotional and psychological problems or you can just drop in for a chat. Please note that all consultations are confidential.

REGISTERING WITH THE NATIONAL HEALTH SERVICE (NHS)

In order to access free healthcare in the UK, you must register with College Doctors.

The registration process is part of your student induction: You will be sent a link to register with the Doctors and you should attend the Fresher's Week Medical session. At this session, you will have a talk by the Doctors. If you miss the Freshers' Week medical session &/or you are having problems with the GP registration process, please see the Nurse as soon as possible. Note: You may not be able to register if you have less than 6 months left in the UK, you will then have to pay for a private appointment (around £60 per session). For this reason, it is essential that overseas students register as soon as possible after arriving in Oxford.

GETTING YOUR PRESCRIPTIONS

Many overseas students find that their prescriptions are not available in the UK. Some medications have different names & doses and some may not be licenced in the UK for the reasons that you were prescribed them in your own country. Check your prescriptions with your home doctor before you come to Oxford. The College Doctors cannot issue a repeat prescription until they have met you and reviewed your medication. After this initial consultation you can request a repeat prescription by dropping in to the practice or using the Doctors Email jerichohc.prescriptions@nhs.net You can request the prescription is sent directly to the pharmacy of your choice.

TERMINOLOGY

GP = General Practitioner, Doctor or physician

Health Centre = GP Practice or Doctor's Surgery, Clinic

ED = Emergency Department, Accident & Emergency Unit or Emergency Room.

NHS = National Health Service

COLLEGE DOCTORS

Dr Laurence Leaver, Dr Mark O'Shea, Dr Lambert and Dr Shahzadi

The Jericho Health Centre, New Radcliffe House, Walton Street, Oxford, OX2 6NW

Tel: 01865 311234

Web: [http://www.bogdanorpractice-
jerichohc.nhs.uk/index.htm](http://www.bogdanorpractice-
jerichohc.nhs.uk/index.htm)

Opening hours: Mon -Fri, 8.30am - 6pm.

You can make an appointment by phone or through the College Nurse, or via the surgery website (although you'll need to visit the surgery to arrange online access).

OUT OF HOURS SERVICE

If you need medical attention during the evening or at a weekend (outside our Doctors Hours), ring 111 or The Jericho Health Centre on 01865 311234 who will put you through to the 'Out of Hours Service'. They will take your details and a Doctor will usually ring you back. You may be asked to attend the East Oxford Health Centre at Manzil Way (on the Cowley Road), but you do have to ring 111 before you go.

PRIVATE DOCTORS

If you have private health insurance and would prefer to see a private doctor, Dr Amanda Northridge at the Oxford Private Medical Practice in Summertown is happy to see students. Tel: 01865 423425 Web: <http://www.oxfordprivategp.com/>

NHS CARDS

You are not automatically given an NHS card, although some students do have them. You should however, know your NHS number and have it

written somewhere safe, this is sufficient to access all NHS services. It is rarely asked for, but if you do need it, just ring the Jericho Health Centre 01865 311234 and they will give it to you.

NHS PRESCRIPTION CHARGES

As long as you are registered with a GP the consultation is free, but prescriptions are charged at a flat rate of £9 per item and must be taken to the pharmacy/chemist. One exception is the contraceptive pill which is free of charge, as is emergency contraception (morning after pill). The pharmacists are always very helpful if you ask to speak to them, Boswells and Boots chemists are both on Cornmarket Street. You can apply for financial help with prescription costs by completing an HC1 form, these are located on the top shelf outside the nurse's office.