

## **International student arrivals quarantine.**

### *UK GOVERNMENT GUIDANCE:*

*When you arrive in the UK, you will not be allowed to leave the place you are staying for the first 14 days you are in the UK. This is known as 'self-isolating'. You do not need to self-isolate if you are travelling from an exempt country and have been in an exempt country for the last 14 days.*

### **Self-isolation in practice**

Student will be required to self isolate in their bedrooms for 14 days from the day of arrival. Bathrooms will be assigned, and access will be limited to isolating students. Access to kitchens and the rest of the staircase will be restricted.

Those self-isolating as international arrivals will be allowed to leave their rooms once a day for 30 minutes. This time can be spent in the relevant quad but please do not leave college. All those that are self-isolating will be required to wear a face covering when leaving their bedrooms for the 30 minute Break. Please maintain social distancing at all times.

### **Welfare**

The Welfare duty person will contact the student regularly (via phone or MS Teams); to check on any welfare needs and be a point of contact for advice if the student is concerned.

### **Accommodation**

The remainder of the staircase will not be required to isolate and may move freely in and out of the staircase. Gatherings on staircases should be avoided.

### **Cleaning**

Isolating students are responsible for the cleaning of their rooms and household space during any period of isolation. College will provide suitable cleaning materials and equipment. Specific attention should be paid to the cleaning of door handles, taps and all toilet, basin and bath surfaces.

Students in isolation should not access communal cooking or food preparation areas. Arrangements will be made for the provision of food and fluids to be taken to them.

Isolation Rooms Bins should not be left outside the door. They should be emptied into a heavy-duty waste bag left outside their room for collection. Household cleaning materials will be provided for students to clean their own rooms during isolation.

## **Laundry**

Any laundry needing washing should be put in bags that will be provided. Laundry will be collected by the housekeeping team and quarantined for 72 hours before washing and drying.

## **Meals**

For the period of isolation students will have meals delivered to their room which can be ordered ahead via a upay app.

The kitchen will provide a hot lunch, cold evening meal and a breakfast box each day which will be left at the bedroom door at a designated time.

Bottled water will be provided.

Student dietary requirements will be catered for. Contact the Head Chef if the Upay app does not provide for your dietary requirements.

The night porters will collect the empty delivery boxes and return them to the kitchen.

Whoever delivers meals will wear appropriate PPE (as per risk assessment) and wash and sanitise their hands before and after delivery.

Meals will be provided on disposable plates with disposable cutlery.

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