

## Brasenose College Student Isolation Plan

**From Tuesday 11 January 2022**

If a student experiences a symptom of Covid-19 and/or has a positive LFD result, they must immediately return to their room and begin to isolate, fill out the isolation [Form](#)

The three main symptoms of Covid-19 that mean you need to isolate and get tested are:

- A high temperature (feel hot to the touch on your chest or back – you do not need to measure your temperature)
- A new continuous cough (this means coughing a lot for an hour or more, or 3 or more coughing episodes in 24 hours or if you usually have a cough it may be worse)
- A loss of change to your sense of taste or smell (you cannot smell or taste anything or things smell or taste different to usual)

If a student is symptomatic and/or has a positive LFD test they are advised to think about and contact anyone they may have come into close contact with from 2 days before symptoms developed or the date of the positive LFD result.

The student is asked to advise possible close contacts to stay alert for possible symptoms.

1. A positive LFD test result does **not** require confirmation with a PCR test (*whether the individual is symptomatic or asymptomatic*), but should be treated as confirmation of infection and reported both to the University and to the NHS.
2. Any individual with symptoms but a negative LFD test result should self-isolate and repeat the LFD test in 24 hours; if still negative, they should book a PCR test.
3. Close contacts of positive cases should no longer book a precautionary PCR test through the EAS if they are exempt from self-isolation; but should take daily LFD tests for 7 days.
4. Unvaccinated close contacts of positive cases (who are legally required to self-isolate) are advised to take a PCR test 3-5 days after the date of last contact and to take daily LFD tests for 7 days.

**Reporting of LFD results.** As it is no longer necessary to obtain a confirmatory PCR test following a positive LFD test result, it is vital that individuals are report their LFD results (positive, negative or void) via the EAS system (as well as to the NHS). This will ensure that appropriate notifications continue to be made to SPOCs.

Exemptions from isolation. An individual who is notified that they have been a close contact – including if they are in a shadow household, is no longer required to self-isolate if any of the following apply:

- They are fully vaccinated\*\*
- They are below the age of 18 years 6 months
- They have taken part in or are currently part of an approved Covid-19 vaccine trial
- They are not able to get vaccinated

Close contacts/Shadow household members should arrange a PCR test within 5 days of being notified.

## **Welfare**

The Welfare duty person will contact the isolating student as much as the student requests on their isolation form (daily/weekly/not at all) to check in.

**The below are provisions for students in college accommodation, as opposed to private accommodation.**

## **Accommodation**

Your room will be designated as an isolation zone and access limited to yourself. You must remain in your room and not use shared facilities. If you share a bathroom then this will be designated for your sole use during your isolation and other users directed elsewhere.

## **Cleaning**

Isolating students are responsible for the cleaning of their own rooms during any period of isolation. College will provide suitable cleaning materials and equipment. These will be left in the bathrooms.

Students in isolation should not access communal cooking or food preparation areas. Arrangements will be made for the provision of food and fluids to be taken to them.

Isolation Rooms bins should not be left outside the door. They should be emptied into a heavy-duty waste bag and designated bin at the entrance to the household.

## **Laundry**

If a student has a fever they will need their bedding changed during the period of isolation. Housekeeping will provide a stock of College bedding to isolated households on request which will be left at the entrance to the household for collection. Students are asked to return the College bedding to housekeeping 72 hours after the isolation is completed.

## **Meals**

For the period of isolation students will have meals delivered to their household which can be ordered ahead via a Upay app.

The kitchen will provide a hot lunch, cold evening meal and a breakfast box each day which will be left at your room door at a designated time.

Bottled water will be provided.

Student dietary requirements will be catered for. Contact the Head Chef if the Upay app does not provide for your dietary requirements.

Meals will be provided on disposable plates with disposable cutlery.

**\*\*Fully vaccinated means that students have been vaccinated with A UK MHRA-approved Covid-19 vaccine in the UK and at least 14 days have passed since the final dose was received.**