

Brasenose College Isolation Plan

If a student experiences a symptom of Covid-19 and/or has a positive LFD result, they must immediately return to their room and begin to isolate, fill out the isolation [Form](#) and book a PCR test with the [University Testing Service](#)

If an LFD test is positive or you experience symptoms you must isolate for 10 days, either from the onset of the symptoms or, if you were asymptomatic, from the date of the test.

The three main symptoms of Covid-19 that mean you need to isolate and get tested are:

- A high temperature (feel hot to the touch on your chest or back – you do not need to measure your temperature)
- A new continuous cough (this means coughing a lot for an hour or more, or 3 or more coughing episodes in 24 hours or if you usually have a cough it may be worse)
- A loss of change to your sense of taste or smell (you cannot smell or taste anything or things smell or taste different to usual)

If a student is symptomatic and/or has a positive LFD test they are advised to think about and contact anyone they may have come into close contact with from 2 days before symptoms developed or the date of the positive LFD result.

The student is asked to advise possible close contacts to stay alert for possible symptoms.

If a confirmatory PCR test is positive the positive student must continue to isolate for 10 full days or until symptom free, whichever is later (other than a cough or loss of smell/taste which can persist for months).

Close contacts/Shadow household members will be informed by College and instructed to isolate for 10 days (unless exempt) from the positive students first day of symptoms or positive result.

Exemptions from isolation. An individual who is notified that they have been a close contact – including if they are in a shadow household, is no longer required to self-isolate if any of the following apply:

- They are fully vaccinated**
- They are below the age of 18 years 6 months
- They have taken part in or are currently part of an approved Covid-19 vaccine trial
- They are not able to get vaccinated

Close contacts/Shadow household members should arrange a PCR test within 5 days of being notified.

If a confirmatory PCR is negative the individual and any possible close contacts/members of a shadow household can stop isolating (unless in quarantine from overseas travel).

Welfare

The Welfare duty person will contact the isolating student as much as the student requests on their isolation form (daily/weekly/not at all) to check in.

The below are provisions for students in college accommodation, as opposed to private accommodation.

Accommodation

Your room will be designated as an isolation zone and access limited to yourself. You must remain in your room and not use shared facilities. If you share a bathroom then this will be designated for your sole use during your isolation and other users directed elsewhere.

Cleaning

Isolating students are responsible for the cleaning of their own rooms during any period of isolation. College will provide suitable cleaning materials and equipment. These will be left in the bathrooms.

Students in isolation should not access communal cooking or food preparation areas. Arrangements will be made for the provision of food and fluids to be taken to them.

Isolation Rooms bins should not be left outside the door. They should be emptied into a heavy-duty waste bag and designated bin at the entrance to the household.

Laundry

If a student has a fever they will need their bedding changed during the period of isolation. Housekeeping will provide a stock of College bedding to isolated households on request which will be left at the entrance to the household for collection. Students are asked to return the College bedding to housekeeping 72 hours after the isolation is completed.

Meals

For the period of isolation students will have meals delivered to their household which can be ordered ahead via a Upay app.

The kitchen will provide a hot lunch, cold evening meal and a breakfast box each day which will be left at your room door at a designated time.

Bottled water will be provided.

Student dietary requirements will be catered for. Contact the Head Chef if the Upay app does not provide for your dietary requirements.

Meals will be provided on disposable plates with disposable cutlery.

****Fully vaccinated means that students have been vaccinated with A UK MHRA-approved Covid-19 vaccine in the UK and at least 14 days have passed since the final dose was received.**

Matt Hill
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