Brasenose College International Arrivals Plan

When you arrive and begin isolating, please fill out the isolation form here: https://www.bnc.ox.ac.uk/isolate

Those arriving in the UK from a country not on the exemption list (https://www.gov.uk/guidance/coronavirus-covid-19-travel-corridors) must isolate for 10 days upon arrival.

However, they can also opt to take a test privately after 5 days, and be released from isolation early if they test negative. See more information on the ‘Test to Release’ system here: https://www.gov.uk/guidance/coronavirus-covid-19-test-to-release-for-international-travel

The government also has a list of private providers who meet the requirements to participate in the ‘Test To Release’ scheme. See here: https://www.gov.uk/government/publications/list-of-private-providers-of-coronavirus-testing/list-of-private-providers-of-coronavirus-testing

NB: the LFT tests that the college can supply are not sufficient to be released from isolation, nor are the University Testing Service tests. Only the accredited private providers above can give a negative result that allows you to leave isolation.

Many of the private providers are very busy: if you wish to use their services, think about booking far in advance.

Leaving your room while in self-isolation

Those self-isolating as international arrivals will be allowed to leave their rooms once a day for 30 minutes. This time can be spent in the relevant quad but please do not leave college. All those that are self-isolating will be required to wear a face covering when leaving their bedrooms for the 30 minute Break. Please maintain social distancing at all times.

Welfare
The Welfare duty person will contact the student regularly (via phone of MSTeams); to check on any welfare needs and be a point of contact for advice if the student is concerned.

Accommodation
The remainder of the staircase will not be required to isolate and may move freely in and out of the staircase. Gatherings on staircases should be avoided.

Cleaning and Communal Areas
Isolating students are responsible for the cleaning of their rooms and household space during any period of isolation. College will provide suitable cleaning materials and
equipment. Specific attention should be paid to the cleaning of door handles, taps and all toilet, basin and bath surfaces.

Students in isolation should not access communal cooking or food preparation areas.

Arrangements will be made for the provision of food and fluids to be taken to them. Isolation Rooms Bins should not be left outside the door. They should be emptied into a heavy-duty waste bag left outside their room for collection. Household cleaning materials will be provided for students to clean their own rooms during isolation.

Any laundry needing washing should be put in bags that will be provided. Laundry will be collected by the housekeeping team and quarantined for 72 hours before washing and drying.

**Meals**

For the period of isolation students will have meals delivered to their room which can be ordered ahead via a upay app.

The kitchen will provide a hot lunch, cold evening meal and a breakfast box each day which will be left at the bedroom door at a designated time.

Bottled water will be provided.

Student dietary requirements will be catered for. Contact the Head Chef if the Upay app does not provide for your dietary requirements.

The night porters will collect the empty delivery boxes and return them to the kitchen. Whoever delivers meals will wear appropriate PPE (as per risk assessment) and wash and sanitise their hands before and after delivery.

Meals will be provided on disposable plates with disposable cutlery.