

## **Information for the BNC website regarding Flu Pandemic**

**If you start to develop flu symptoms such as feverishness accompanied by one or more of the following, a cough, sore throat, headache and muscle aches please follow the advice below:**

- **Stay at home or in your room in College**
- **Contact your GP or the College Doctor (Jericho Health Centre 01865 311234) by telephone or**
- **Seek advice from NHS Direct (0845 4647)**
- **Telephone the Duty Porter in the College Lodge and tell him that you are unwell (01865 277830). The Porter will then inform the Flu Pandemic Coordinator who will ensure that you receive food etc. in your room and are cared for for the duration of your illness.**

### **Useful website links:**

**Department of Health: [www.dh.gov.uk](http://www.dh.gov.uk)**

**Health Protection Agency: [www.hpa.org.uk](http://www.hpa.org.uk)**

**NHS Direct: [www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk) Telephone: 0845 4647**

**University Flu Pandemic Section: <http://www.ox.ac.uk/flu>**